

Gifford House, Boundary Road, Worthing BN11 4LJ

 Registered charity no. 1072334

www.careforverans.org.uk

**Volunteer Activities Coordinators Tues x 2 /Thurs x 1/ Mornings 10am till 1.00pm Tues/Weds/Thurs afternoons 1.30pm till 4pm**

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| **Department lead by:** | Occupational Therapy (Wellbeing Hub) |
| **Why we need you:** | Care for Veterans helps and supports disabled ex-servicemen and women. Volunteer Activity Co-ordinators ensure our residents have a full diary of events in the Wellbeing Hub. |
| **What will I be doing:** | * Attend morning Wellbeing Hub sessions as agreed by the Activities Co-ordinator
* Assisting with setting up activities
* Supporting people that attend activities, supporting people to access the activities.
* Setting up and playing games with residents either in a group or on a one-to-one basis
* Helping host quizzes and reminiscence discussions.
* Assisting with the Exercise group
* Preparation for and taking part in craft groups e.g. painting, beadwork, knitting.
* General tidying up and preparation work for the department
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| **What skills, knowledge and experience do I need:** | * Proactive Friendly and outgoing personality
* Good listener, adaptive communication
* Patient and able to emphasise.
* Good sense of humour
* Active interest in group activities
* Hands-on attitude and able to use own initiative.
* Willing to participate to prepare and to bring ideas.
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| **What benefits can I expect:** | * The satisfaction of knowing you are making a valuable contribution to Care for Veterans
* The enjoyment of meeting new people in your community and working as part of our skilled and friendly team and volunteer family.
* Once you have completed your training you will be invited to our Volunteer Thank You events, receive t-shirt, name badge and volunteer handbook.
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| **How much time do I need to commit:** | Ideally the candidate will be able to commit to two hours once or twice a week on the same days, in agreement with the activities co-ordinator. |
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| **Where will I be based:** | Gifford House |
| **Will there be training:** | Induction training  |
| **Do I need a DBS:** | Yes (undertaken by Care for Veterans) |
| **Who will I report to:** | Jaime Mootealoo, 01903 218 444, Volunteering@careforveterans.org.uk |
| **How do I apply:** | Application form. References required. |